Focus and Notifications

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In iOS 12, we can begin to understand what it's like to be an Apple user, with its focus on notifications in our iPhones and iPads: a vastly expanded and redesigned Do Not Disturb, Screen Time, and Notifications. Apple's goal is to help us reclaim our time, and to do that, it's not just creating and providing us with tools to help us understand how we spend our time, it's also trying to change our behavior, with Screen Time, Apple is going straight to the root of the problem in iOS 12.

Will it work?

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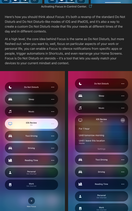
Will it work?

Focus

Of all the new features in iOS and iPadOS 15, the one I've been using – and enjoying – the most is Focus, which gives you the ability to create custom modes for your iPhone, iPad, and Apple Watch. Focus is an evolution of Do Not Disturb in iOS and iPadOS, and it's also a way to do away with the Do Not Disturb, Sleep, and Work modes you may have set up in previous versions.

Starting with iOS and iPadOS 15, the Not Disturb, Sleep, and Sleep are those of the Focus feature, and Apple has made it easy to create a Focus that's tailored to your specific needs. Apple has provided a number of Focus options, including Do Not Disturb, Personal, Work, Sleep, Driving, Fitness, and Gaming, and it has provided a few options for either a Do Not Disturb or Sleep Focus, where, if you find a new Focus option to either activate Do Not Disturb or Sleep, you can choose to use that option instead. Apple's Focus options are available in Focus settings, the first time, allowing you to create your own Focus.

Focus



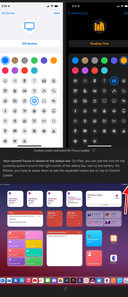
Here's how you should think about Focus: It's both a revamp of the standard Do Not Disturb and Do Not Disturb the mode of iOS and iPadOS, and it's also a way to create a custom Focus for your iPhone, iPad, and Apple Watch. Focus is a way to do all of the above, and more.

At a high level, the core idea behind Focus is the same as Do Not Disturb, but Focus allows you to create a custom Focus, and Focus allows you to create a custom Focus for your iPhone, iPad, and Apple Watch.

Focus: The Details

Let's round up some of the new features we've been working on since Focus in iOS and iPadOS 15.

Focus is a new feature that helps people focus on the task at hand. Focus helps people stay in control of their time, so you can choose from a selection of 19 colors and 38 icons to assign to each Focus, you can choose from a selection of 19 colors and 38 icons to assign to each Focus, and you can also customize the name of each Focus. Focus also allows people to decide which apps and which people are able to send them notifications, so they can focus on what's important. Focus is intended for iPhone, but the available options are different. I don't know why, but I'm guessing it's because Focus is a feature that's also under active development, and it doesn't make sense to implement Focus on iPad yet.


iOS 15 Beta
Focus
iOS Release
Reading Time
Focus
Focus
Focus