

Job Rejection Strategy Prompt

This prompt turns a vague job rejection into a clear, actionable breakdown. It gives the AI just enough context about your background and the role so it can diagnose why you were likely rejected, instead of guessing. It separates real skill gaps from positioning or communication issues, then tells you exactly what to fix and how to improve fast. It also generates a clean follow-up message and can convert the insight into a concise LinkedIn post, so you're not just reacting to rejection, you're using it to get better and create useful content.

[BEGIN PROMPT]

Act as an experienced hiring manager and career strategist.

I was rejected for this role:

- Job title: [INSERT]
- Industry: [INSERT]
- My experience: [INSERT SHORT SUMMARY - **SEE INSTRUCTIONS BELOW**]
- Stage reached: [application / phone screen / interview / final round]
- What I think went wrong: [**OPTIONAL**]

Here is the rejection message:

[PASTE MESSAGE]

Your task:

- Identify the 2–3 most likely reasons I was rejected (be blunt, no fluff)
- Separate real gaps vs positioning/communication issues
- Tell me what I should fix immediately (specific actions)
- Rewrite 1–2 lines from my experience to be stronger for this type of role
- Give me one short follow-up message I can send (professional, not desperate)

Output format:

- Clear bullets
- Short sentences
- No generic advice

Then convert your analysis into a 120 - 180 word LinkedIn post that shares the lesson without sounding bitter or emotional. (**OPTIONAL**)

[END PROMPT]

Experience Summary. Quick Instructions

What to include (2–4 lines max):

- Years of experience
- Role/function
- 1 - 2 measurable results
- Relevance to the job

Simple formula:

[Years] + [Role] + [Key result] + [Target role]

Example:

“10+ years in purchasing. Led vendor negotiations. Cut costs by 12% on \$5M spend. Now targeting organic buyer roles.”

Why this is necessary

- **Prevents generic advice**
Without it, feedback = vague guesses
 - **Enables real comparison**
It lets the AI compare *you vs the job*
 - **Separates the real problem**
Skill gap vs positioning vs competition
 - **Produces actionable fixes**
Specific input → specific output
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Bottom line

- No summary = guesswork
 - Tight summary = useful, targeted feedback
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